# The 4 basic directions of the Unconscious Mind.

#### **Behind - Past**

What thought is 'behind' that thought?

If you were to check, you would find out that behind that thought is another thought whirling in the back of your mind, what is that thought?

What thought is 'driving' that thought?

If you were to go all the way back to 'before' you were born, where would you be? How does that problem look from there?

## **Above - Higher**

- If you keep going higher and higher, where will you 'ultimately' end up?
- What would happen if you 'applied' your highest intent/ purpose to your problem?
- What is your purpose?
- What is your intent?
- What is 'above' that?
- What is that 'about'?

### **Below - Under**

- What is 'below' that?
- What is 'underneath' that?
- Drop-Down-Through that, what is 'underneath' it?
- What happens if you keep going lower and lower way down and out 'below' all that?
- Where would you be down and out below all this negative stuff?
- What would happen to your problem if you 'applied' this state that is beyond to the problem state?

## **Beyond - Future**

- What is 'beyond' that?
- How can you 'overcome' that?
- Imagine yourself at 50, 60, 65, or \_\_\_\_ years old (choose an age) and looking back over your life. What do you need to change?
- If you were to go out 'past' your death, where will you be? What happens to that problem out there?